



TRUMP TURNBERRY
SCOTLAND

THE
LUXURY
COLLECTION

Our spa breaks are a perfect time for reflection.





Signature treatments, exclusive to Trump Turnberry

Ailsa Craig 80 minutes – £110.00

This signature treatment by ishga pays homage to the Ailsa Craig, a striking volcanic island which presides over Trump Turnberry. This powerful, detoxifying treatment begins with a Hebridean sea salt and oil scrub, followed by a full body massage using volcanic basalt stones.

Woe-Be-Tide 80 minutes – £110.00

Named after the fourth hole on the Championship Ailsa course, the Woe-Be-Tide combines the detoxifying and nourishing effect of the purest seaweed gel with the stimulating and hydrating properties of the scrub, followed by a nourishing facial.

Day spa packages

De-Stress 3 hours 20 minutes – £229.00

This all-encompassing ESPA programme will leave you feeling completely rejuvenated. It includes an aromatherapy full body massage, an intensive facial as well as a manicure and pedicure. Indulge in a delightful afternoon tea, with spectacular views over the Ailsa Craig and Irish Sea.

ESPA Time 2 hours/3 hours – £160.00/£220.00

Time. It's the most precious gift of all. This personalised consultation is a collection of therapies tailored to meet specific and immediate needs. It also includes a choice of a delicious afternoon tea or two course lunch.

Restore 2 hours 20 minutes – £189.00

This relaxing ESPA ritual includes a salt and oil scrub as well as a full body and scalp aromatherapy massage. Finish with an intensive facial to feel fully restored. It also includes a delectable afternoon tea.

Relax 55 minutes – £99.00

This special day package incorporates a relaxing back, neck and shoulder massage, followed by an ESPA boutique facial and a two course lunch.

The Trump Turnberry Top to Toe Experience 55 minutes – £99.00

An invigorating sea salt and oil scrub by ishga with the choice of a neck, back and shoulder massage or an express facial. Also includes a two course lunch..

Facials

ESPA Intensive Facial 55 minutes – £85.00

This expert facial is specifically tailored to you and includes deep cleansing, exfoliation, gentle extraction where needed, and a treatment specific massage and mask.

ishga Facial 55 minutes – £85.00

A rejuvenating facial designed to revitalise and repair. This treatment will cleanse, tone and moisturise the skin leaving it revitalised and hydrated. A unisex treatment that is suitable for all skin types.

Men's Shoulder, Neck and Face Massage 55 minutes – £85.00

This personalised treatment that combines an ESPA shoulder, neck, face and scalp massage with a tailored solution to your skins needs.

ESPA Advanced Skin Radiance Facial 80 minutes – £110.00

Suitable for all skin types and ages. Includes deep brush cleanse, an age-defying and sublimely relaxing massage using Rose Quartz Crystals and a Lifting and Smoothing Mask to powerfully brighten, firm and even skin tone, leaving your complexion smooth, supple and looking radiantly healthy.

Lifestage Facial 80 minutes – £115.00

A targeted and rejuvenating facial for maturing skin to address the most visible signs of ageing, specifically focusing on eyes, neck, lips and jaw line using ESPA LIFESTAGE products. Also includes a specialised eye treatment.





Body treatments

Back, Face and Scalp Treatment 80 minutes – £120.00

Renowned as ESPA's 'Hero' treatment and loved by all, this experience delivers triple results by targeting three key areas – the back, the face and the scalp (with or without hot stones).

ESPA Ultimate Body Wrap 55 minutes – £85.00

After lymphatic skin brushing and body exfoliation, the body is wrapped in algae or marine mud. Ultimate tranquillity is achieved with a mind calming oriental head massage.

ishga Seaweed Body Wrap 55 minutes – £85.00

A powerful Hebridean sea salt and oil scrub with body wrap. This combines the detoxifying and nourishing effect of the purest seaweed gel with the stimulating and hydrating properties of the scrub.

ESPA Body Ritual 110 minutes – £145.00

Following body exfoliation, a marine algae or mud wrap is applied and the scalp gently massaged. Once you have taken a refreshing shower, a tailor made aromatherapy massage takes place. Choose from the following: detoxifier, de-stresser, muscle relaxer, jet lag reviver, immune booster, energiser, body toner. Includes: body exfoliation, algae or mud wrap, scalp massage, Aromatherapy massage.

Reflexology 55 minutes – £75.00

An ancient oriental treatment that incorporates pressure point massage on specific areas of the feet that relate to certain parts of the body.

Golfer's Tonic 55 minutes – £75.00

Enjoy a soothing foot soak and scrub followed by a therapeutic leg and foot massage. The back is then exfoliated and massaged with hot stones.

Golfer's Retreat 80 minutes – £105.00

This ESPA retreat will ease muscular tension and features a Marine Hydro Bath, followed by a deep muscle reviver massage designed to relieve tight muscles. This is always with the use of hot stones to warm the muscles.

Marine Hydrotherapy Bath 25 mins – £30.00

Recline and relax in a luxurious, private hydro therapy multi-jet bath. Feel gently invigorated, yet surprisingly relaxed with the soothing jets, sea salts and essential oils that warm and soothe muscular tension.

ishga Seaweed Bath 30 minutes – £30.00

A unique Scottish experience where you can relax in fresh, hand harvested seaweed from the Hebridean coast.

Massage

ESPA Personalised Body Massage 55/80 minutes – £90.00/£115.00

A personalised consultation will ensure that you receive a unique treatment to suit your specific needs. Choose from the following: detoxifier, de-stresser, muscle relaxer, jet lag eliminator, Immune booster, energiser.

ishga Invigorating Body Massage 55 minutes – £90.00

A medium pressure massage combining a powerfully detoxifying seaweed body oil which regenerates, firms and tones the skin. The treatment is designed to be invigorating, but equally relaxing with a focus on removing tension to re-energise the body.

Hot Stone Massage 80 minutes – £120.00

A therapeutic full body massage using aromatherapy oils and warm volcanic stones to relieve deep muscle tension.

Deep Muscle Massage 80 minutes – £125.00

A powerful massage designed to alleviate deep-seated tension and muscular stress. Deep muscle massage always uses hot stones to warm the muscles prior to deep pressure being applied.

ESPA Balinese Massage 50 minutes – £85.00

Gently heated aromatherapy oils are poured onto the centre of the body and massaged into the skin using stretching and sweeping movements for deep relaxation. Hot volcanic stones are used to tailor the massage pressure to your needs and release tension.

The Trump Turnberry Poultrice Massage 50 minutes – £85.00

A combination of traditional massage and new innovative techniques designed by the Spa at Turnberry's expert therapist team, using heated sea salt and seaweed granule filled poultices. At the end of your treatment, you will be given a poultice to take away and used as a detoxifying seaweed bath experience at home.

Strength & Resilience Massage 80 minutes – £120.00

Transform mind & body, release muscular tension and rediscover a sense of wellbeing with this resilience boosting massage. Inspired by the arduous migration of the painted lady butterfly, this revitalising massage uses aromatherapeutic oils, yogic stretches and deep muscle massage to boost your energy levels and support your immune system. You emerge stronger and more resilient, ready to face life's unexpected journeys. Includes: Yogic stretching, reflex zone foot massage, back massage, sinus release, scalp massage.



Add on treatments

(Please note that these can only be booked and taken with treatments of 55 minutes or more, prices available upon request)

Boutique Facial 25 mins

Every facial includes a consultation, skin analysis, cleanse, exfoliation, personalised facial mask and finishes with an application of a booster serum. Choose from ESPA or ishga products.

Shoulder, Neck and Scalp Massage 25 mins

This massage focuses on the key areas of tension using an ESPA body oil chosen for your specific needs. Where needed, hot stones are also used to penetrate warmth and help ease aches and pains.



Lift and Firm Eye Treatment 25 mins

Perfect for those who are concerned with the first signs of ageing around the eyes. Incorporating a cleanse, exfoliation, massage and application of ESPA's Lift & Firm Intensive Eye Serum.

Back, Neck and Shoulder Massage 25 mins

This massage is tailored to address any areas of concern and uses the most appropriate massage techniques along with the choice of isgha or ESPA products to suit your needs.

Salt and Oil Scrub 25 mins

Choose from an isgha Hebridean sea salt and oil scrub or an ESPA body exfoliation to sweep away dull, dry skin to leave skin nourished, smooth and supple. Exceptional skin softening products combine sea salts with essential oils to leave your skin nourished, smooth and supple.

Invigorating Foot Treatment 25 mins

This revitalising ESPA treatment for tired feet and heavy legs helps reduce puffiness and soothe aches and pains. Includes a refreshing exfoliation and a deeply therapeutic foot and lower leg massage.

Finishing touches

Waxing – from £12.00

Jessica Prescriptive Manicure 40 minutes – £45.00

Nails are analysed and treated for their specific type. Jessica's prescriptive manicure includes exfoliation, massage and cuticle care. Nails are beautifully shaped and treated with a prescriptive basecoat before finishing with the perfect polish.

Jessica Deluxe Manicure 55 minutes – £60.00

Jessica's Deluxe Manicure with the luxurious added benefits of heat for deeper penetration of oils and creams. This treatment choice is excellent for increasing circulation or relieving stiff, painful joints.

Gentlemen's Club Hand and Nail Care 25 minutes – £35.00

Hands are exfoliated to remove dryness and massaged with treatment creams. Cuticles are conditioned and groomed and nails are trimmed and shaped.

GELeration Gel Overlay Manicure 40 minutes – £50.00

Includes hand exfoliation, massage, cuticle care and nail shape, and finished with Jessica's GELeration gel polish.

GELeration Gel Overlay Manicure & Removal 55 minutes – £65.00

As above and will include any previous gel removal.

ZenSpa Pedicure 55 minutes – £60.00

Awaken your senses and discover the restorative powers of Asian aquatic plant extracts to purify, cleanse, soothe and calm. Hard skin is removed, feet and legs are massaged with conditioning creams. Cuticles are groomed and toe nails are shaped before finishing with the perfect Jessica polish.



ZenSpa Pedicure with GELeration 55 minutes – £65.00

As above with a Jessica GELeration finish.

ZenSpa Pedicure with GELeration & Removal 70 minutes – £80.00

As above and will include any previous gel removal.

Existing GELeration Removal 20 minutes – £20.00

Removal of existing GELeration only.

Mii Make-up from £50.00

Lifestyle Programmes

Personal training/fitness evaluations available upon request.

Maternity

Pre and Post Natal Treatment 55 minutes – £90.00

A deeply nourishing ESPA body massage designed to target areas prone to stress and tension during or after pregnancy.



HOW TO SPA

SCHEDULING AN APPOINTMENT To schedule an appointment for your perfect treatment, please contact our reservations team who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend to book in advance. All spa treatments and packages will need to be guaranteed with a credit card.

ARRIVAL TIME Please allow sufficient time before your treatment to complete a Spa Consultation Form. We recommend you arrive up to 45 minutes in advance of your treatment so that you can change, relax and enjoy the spa facilities. Please be advised that late arrivals will result in a reduction of treatment time.

SPA ACCESS Due to obvious time constraints, non-resident guests who have reserved a treatment of less than one hour will be escorted directly to and from their treatment room and do not have access to the spa facilities, pool or the gym.

CHILDREN'S POLICY We are delighted to offer treatments for children under 16 years old however they must be accompanied by an adult for the whole duration. Please contact the reservations team for details on treatments available for our younger guests.

CANCELLATION POLICY Cancellations or rescheduling of appointments made with less

than 24 hours notice or failure to show up for an appointment will result in the full treatment cost being charged to your room or credit card, cancellations made with less than 48 hours notice will incur a 50% charge. Late arrival will shorten your treatment time.

SPA ETIQUETTE Our spa environment is one of relaxation and tranquillity. Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone and camera free zone.

HEALTH CONDITIONS Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation.

PREGNANCY We have specially designed treatments for expectant women or nursing mothers. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.

GIFT VOUCHERS An ideal gift for someone special. Order yours online today at trumpturnberry.com/gift-certificates

HEMOCARE To continue your spa experience at home, most products used in our treatments are available at SPA reception.

PRICES All prices are subject to change at any time. Gratuities are not included and are welcomed at your discretion.

Please note all our treatment times are inclusive of consultation and aftercare advice.



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To book your experience at The Spa at Turnberry,
call **01655 334 060** or email **treatments@trumpturnberry.com**



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